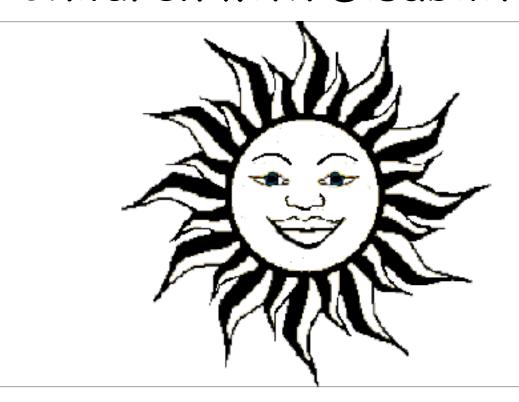
# Summer Services for Children with Disabilities



### 21st Edition



**Recreation Integration Victoria** 

www.rivonline.org

office: 250.477.6314

fax: 250.477.6046

This publication was funded by the Municipalities of Esquimalt, Oak Bay, Saanich, the City of Victoria, the Peninsula Recreation Commission, the West Shore Parks and Recreation Society and the Province of British Columbia.

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### A Word from our Executive Director

Recreation Integration Victoria (RIV) is pleased to provide the 21st edition of our Summer Services for Children with Disabilities booklet (affectionately known as the 'Yellow Booklet'). We hope that our booklet will assist you and your children with disabilities in planning for your summer. We would like to thank all of the organizations listed for their collaboration. RIV's 'Yellow Booklet' has become a valued tool of parents planning their child or youth's summer. In 1996, we saw that there was a great disparity in the number of weeks of summer service a child or youth with disabilities received, based on their parent or caregiver's knowledge of the available summer options. The little Yellow Booklet as it has come to be referred to, was developed to ensure all parents had equal access to program information in order for them to make informed choices. Over the years, the booklet has grown to include listings from an increasing number of agencies, as well as summer residential camps. I hope you find our 21st edition meets your planning needs and your child or youth has a wonderful summer experience!

Doug Nutting - Executive Director, Recreation Integration Victoria

In an attempt to ensure that families have the information well in advance for planning purposes, we have included all of the proposed services. Be advised that all of the Children and Youth with Special Needs (CYSN) funded services and many of the Agency Sponsored services are condition on funding approval. Please use this information and make your plans early. We hope both your child's and your summer will be more enjoyable as a result of this information!

This booklet is divided into four sections		
<b>CYSN Sponsored Services</b>	Your child must be eligible for CYSN funding*	
Agency Sponsored Services	Register or apply directly with the agency	
Summer Residential Camps	Register or apply directly to the camp	
Municipal Parks and Recreation	Register or apply directly with the facility	

\*A registration form for CYSN sponsored services is included in the centre of this booklet. Please detach the form, fill it out and return it by May 1st, 2017 to: CYSN, c/o Recreation Integration Victoria as directed at the bottom of the form.

### A Note from a Parent

This little yellow book really is user friendly! Consider the colour for starters...yellow to symbolize a happy camp experience for children and their families.

#### How to Use the Children and Youth with Special Needs Form

Some programs contained in this book are funded by the Ministry of Children and Family Development's (MCFD) Children and Youth with Special Needs (CYSN). For these programs only - you will see a "Funded by Children and Youth with Special Needs" indicated on the bottom of the form - If your child meets the CYSN eligibility criteria, simply fill in your information on the registration form enclosed in the centre of the book, then drop off, mail or e-mail to:

#### **CYSN**

c/o Recreation Integration Victoria 4135 Lambrick Way, Victoria B.C. V8N 5R3

Fax: 250-477-6046

Email: information@rivonline.org

Keep in mind that paperwork needs to be done well in advance and sent in by the deadline date of:

May 5th, 2017 to avoid disappointment

Remember that there are opportunities for your child to attend camp with a one-on-one support worker through a variety of organizations. Service groups and foundations also assist with funding for some individualized supports. Make your selections, complete the necessary information on the application form for CYSN funded programs or contact the agency funded programs directly and, voila, you're on your way to ensuring a funfilled summer experience for your child! Good Luck!

## Camperships

#### Community Living Victoria (CLV) Camperships

Sometimes a youth may need someone with whom they are familiar, confident and comfortable with to attend camp with them to provide support. An honorarium may be available to provide this support.

The funding is made available through the generous support of the McAdamS Foundation. Camperships are limited and available only when funding is obtained from our donors.

To discuss, please contact the following:

Lori Frank or Lara Foster
CLV Family Support

Lori's Phone: 250-477-7231 ext 236

Lara's Phone: 250-477-3830 ext 225

Email: <a href="mailto:lfrank@clvic.ca">lfrank@clvic.ca</a>

## Outdoor Equipment Loan Program

#### **Recreation Integration Victoria**

Do you love physical activity and recreation? Are you interested in living an active lifestyle or trying something new? Or do you simply need adaptive equipment to continue doing the things you love? RIV has a variety of adapted outdoor recreation pieces for loan, from all-terrain wheelchairs and beach chair, to handcycles, TrailRiders, and more.

Our equipment is available to anyone in the community, from individuals, parents, caregivers, educational assistants, recreational and physical therapists, etc. People using this service pay a nominal maintenance fee, a damage deposit, and complete an agreement form.

All pieces and specifications can be viewed on the website: www.rivonline.org/services/equipment.

Maintenance fee: \$15/week + \$100 damage deposit.

## Camping Fees for Persons with Disabilities

BC Parks - Camping for Free "What are the Criteria"

#### (Taken from <a href="http://www.env.gov.bc.ca/bcparks/fees/disability.html">http://www.env.gov.bc.ca/bcparks/fees/disability.html</a>)

The purpose of this program is to provide support for persons with disabilities who are also receiving income assistance from the authorities identified.

If you meet any ONE of the following criteria, your <u>camping party</u> can camp for free. There is also no charge for a second non-recreational vehicle. Please note: This discount does not apply to group camping, group picnicking, electrical hookups, cabins, yurts, backcountry and marine fees or reservation charges.

1. You are designated a "Person with Disabilities" (PWD) and receiving PWD benefits under the <u>British Columbia provincial government Employment and Assistance Program</u> (administered by the BC Ministry of Social Development and Social Innovation). Note: Recipients of CPP disability are eligible for free camping if they are also designated under the PWD program and receive additional disability benefits from the Ministry of Social Development and Social Innovation.

#### Procedures:

- A. Obtain, from your caseworker, a current calendar year Release of Information form issued by the BC Ministry of Social Development and Social Innovation.
- B. Upon arrival at the campground, show the campground operator the ORIGINAL approved form AND a second piece of identification.
- C. This Release of Information form (<u>click here to view a sample page</u> in pdf format) can be obtained by contacting your local Employment and Assistance Centre.

OR

2. You have a child registered through the "At Home Program" (administered by the British Columbia provincial government Ministry of Children and Family Development).

#### Procedures:

- A. Obtain a Letter of Eligibility from your caseworker, stating your child is eligible for the "At Home Program" issued by the BC Ministry of Children and Family Development.
- B. Upon arrival at the campground, show the campground operator the ORIGINAL approved Letter of Eligibility AND a second piece of identification (either the child's ID, if possible, or the parent/legal guardian's ID).
- C. A letter of eligibility (click to view two different types of eligibility letters either one is acceptable in pdf format: <a href="letter 1">letter 1</a> and <a href="letter 2">letter 2</a>) can be obtained by contacting the Ministry of Children and Family Development.

OR

3. You are a person living on-reserve and receiving Income Assistance for Persons with Disabilities under the Aboriginal Affairs and Northern Development Canada (AANDC) Income Assistance Program.

#### Procedures:

- A. Contact your Band Social Development Worker for a fully completed, original, current calendar year Release of Personal Information for Persons with Disabilities form issued by a First Nation Administering Authority on behalf of AANDC.
- B. Upon arrival at the campground, show the campground operator the ORIGINAL Release of Personal Information Form AND a second piece of identification.
- C. <u>Click here</u> to view a sample of this Release of Personal Information for Persons with Disabilities form.

## **CYSN Sponsored Services**

Services sponsored through Child and Youth with Special Needs "CYSN" Ministry of Children and Family Development.

#### If your child is CYSN eligible

And you would like them to attend a CYSN sponsored program (see list below), please submit a completed registration form, found in the centre of this booklet, no later than

May 5th, 2017

CYSN Sponsored Services		
Phoenix Human Services	Summer Fun Day	
Recreation Integration Victoria	Residential Camp Assistance	
Sooke Options for Community Association	Summer Journeys Day Camp	

Please note that CYSN sponsored programs do not accept direct referrals.

To enquire about CYSN eligibility, please contact the CYSN duty social worker at 250-953-3711.

#### CYSN Sponsored Program

## Phoenix Human Services Association Summer Fun Camp

www.phoenixhumanservices.org

1095 Mackenzie, Victoria BC, V8P 2L5

Office: 250-383-4821

Email:

jlambert@phoenixhumanservices.org

Fx: 250-386-7142

#### **Summer Fun Camp**

Operates for 7 weeks during the months of July and August, Monday to Friday, from 9:00am to 3:00pm with the exception of civic and statutory holidays. Our camp focuses on providing opportunities for children and youth with developmental disabilities to practice social and communication skills while having fun in the community. Campers are supported by four Children and Youth Support Workers (CYSW) and the number of campers is limited to a maximum of eight per week. Camp staff make every effort to accommodate children and youth with unique challenges such as adjusting the length of the day or week dependent upon need and/or allowing space for a camper to attend with a one-to-one worker if needed. Families who request services are initially offered 1 week of camp in order for the program to accommodate the greatest number of families. Requests for additional weeks will be accommodated as program space and scheduling permits.

#### **SUITABLE FOR:**

**COST** 

Participants must be independent with mobility. Please note that camp staff are unable to complete lifts and transfers.

\$55/week - If your family is facing substantial financial barriers please contact the Program Coordinator to review

potential reduction of registration fees.

**AGES SERVED** 6-18 years

**LOCATION** Victoria

FOR CYSN FUNDING ELIGIBILITY, CONTACT THE CYSN DUTY SOCIAL WORKER AT 250-953-3711

Register by May 5th 2017 using the application form in centre of booklet. Families will receive an information package upon confirmation of request.

#### CYSN Sponsored Program

## RIV's Summer Residential Camp Assistance

www.rivonline.org 4135 Lambrick Way, Victoria BC, V8N 5R3

Email: summer@rivonline.org

Office: 250-477-6314

Fax: 250-477-6046

#### Residential Camp Assistance (Overnight Camp)

Recognizing many children cannot attend a summer residential camp without one to one assistance, CYSN, Recreation Integration Victoria, Community Options for Children and Families and Community Living Victoria have partnered to provide assistants to children and youth who have this need.

Limited space, service provided on a first-come, first-served basis.

#### **SUITABLE FOR:**

of charge.

Children and youth with developmental and/or physical disabilities attending a residential camp that requires them to have an assistant as a condition of their attendance to the camp.

COST AGES SERVED LOCATION

Parents pay camp Vary depending on the registration fees. Camp Various camps on lower Vancouver Island

Assistant is provided free

FOR CYSN FUNDING ELIGIBILITY, CONTACT THE CYSN DUTY SOCIAL WORKER AT 250-953-3711

Register by May 5th 2017 using the application form in centre of booklet.

#### CYSN Sponsored Program

## Sooke Options for Community Living Assoc. Summer Journeys Day Camp

www.socla.ca 6816 Westcoast Road, Sooke BC, V9Z 0V2

Email: executivedirector@socla.ca

Office: 250-415-7945

Fax: 778- 352-2288

#### **Summer Journeys Day Camp**

SOCLA has operated this fun-filled summer day camp for many years now, and every year it just gets better! Plans for this year include exploring local beaches and parks, playing mini golf, kayaking in the Basin, working at arts and crafts, and much more. Our activities will take place in and around Sooke, with occasional special outings to places in Victoria such as the Imax, the Bug Zoo, and bowling. Everyone will need sun hats, sunscreen, bathing suits, towels, as well as snacks and lunches every day.

All activities are planned to provide enjoyment, skill development and appropriate social involvement. Activities are carried out in an age appropriate manner, and are flexible to allow for the different abilities of the participants in a way that ensures success. **Program runs July 3rd to August 18th.** 

#### SUITABLE FOR:

Children and youth with developmental disabilities. Children who require 1:1 support may attend if prior arrangement is made for one of SOCLA'S staff to provide 1:1 supervision via other funding source (private, autism or respite funding, etc.). Camps are not wheelchair accessible.

COST AGES SERVED LOCATION

\$60/week Age 6-18, divided into 6580 Sooke Road

two groups

#### FOR CYSN FUNDING ELIGIBILITY, CONTACT THE CYSN DUTY SOCIAL WORKER AT 250-953-3711

Register by May 5th 2017 using the application form in centre of booklet. Families will be sent a package on confirmation of registration.

## **Agency Sponsored Services**

If you are interested in having your child attend one of the Agency Sponsored Services listed below, please contact the Agency Directly.

Prior to calling the Agency, you should know the weeks you would like to have service and the program you would like your child to attend.

Agency Sponsored Services	
Disabled Sailing Association of BC, Victoria Branch	Disabled Sailing
Learning Disability Association of South Vancouver Island	The Learning Curve
Power to Be	Adaptive Recreation Program
Recreation Integration Victoria	Summer Inclusion Service
Community Living Victoria	Teen Community Connections & Autism Service Program
Island Health/Queen Alexandra	Summer Camp
RISE Adventure & Wellness Solutions	Various
Victoria Conservatory of Music	Music Therapy
Little Steps	Summer Program
PISE	Summer Camps
Pivot Point Family Growth Centre	Summer Camps

Please note that CYSN sponsored programs do not accept direct referrals.

To enquire about CYSN eligibility, please contact the CYSN duty social worker at 250-953-3711.

## Disabled Sailing Association of BC, Victoria Branch

www.dsavictoria.org

1001 MapleBank, Victoria BC, V9A 4M2 Fax: 250-477-6046

Office: 250-477-6314 (off-season) Email: <u>dsavictoria.summer@gmail.com</u>

Cell: 250-812-8467 (summer)

#### Sailing Instruction and Recreation Sailing

A sailing program dedicated to providing sailing opportunities for individuals with disabilities in the Greater Victoria Region. Our programs operates during the summer months. Sail Canada certified instructors, along with competent companion sailors provide Learn to Sail and Learn to Race lessons, recreational sailing opportunities, and group sails.

#### **SUITABLE FOR:**

Children and adults with physical, developmental, or neuro-sensory disabilities.

#### COST

\$15 annual membership \$15/sail \*additional pricing available on website\*

#### **AGES SERVED**

10 years and older depending on physical size

#### **LOCATION**

Canadian Forces Sailing Association, Esquimalt Harbour

Registration details and dates will become available following the Head Instructor's start date. Please consult the website, and follow the program's Facebook page (@dsavictoria) to be notified immediately.

## LDABC The Learning Curve

www.ldasvi.bc.ca 5-774 Bay Street, Victoria, B.C.

Office: 250-370-9513
Fax: 250-370-9421
Email: info@ldasvi.bc.ca

#### The Learning Curve

Program participants work with trained tutors to identify and work on their specific areas of challenge and learn how to use their areas of strength. Learning these skills can help to increase success across many areas and reduce the stress level of the overall school experience. Programs include: Reading & Writing programs, Academic Skills Development program, Emotional Social Development program. Please see the website for more details regarding these summer programs.

#### SUITABLE FOR:

be available.

Students do not have to have a formal assessment. Parents will be contacted regarding program suitability.

COSTAGES SERVEDLOCATION\$35/session6-18 years5-774 Bay Street\*financial assistance may

Registration is ongoing - Please call the LDABC or visit the website for details.

## Power to Be - Adventure Therapy Association

www.powertobe.ca Office: 250-385-2363 1017 Fort Street, Victoria BC, V8V 3K5 Fax: 250-385-2360

Contact: Carolyn Macdonald Email: <u>victoriaprograms@powertobe.ca</u>

#### **Adaptive Recreation Program**

Power To Be empowers people living with a barrier or disability to explore their limitless abilities through inclusive adventures rooted in nature. Based in Victoria and North Vancouver, B.C., we provide a variety of activities throughout Vancouver Island and the Lower Mainland. Programs range in duration from half-day adventures to overnight trips. This program is a positive response to a community need for inclusive, nature-based recreation activities for people living with a barrier or disability. We provide a variety of activities on Vancouver Island and Lower Mainland of British Columbia. Programs range from half-day, full day activities, and overnight opportunities.

Opportunities include Kayaking, Indoor Rock Climbing, Geocache, Camping, Survival Skills, Canoeing, Hiking, Beach Explorations, Team Building and Leadership, and other seasonal opportunities (i.e. Yoga, Paddle Board, Holiday related etc.)

<u>Open Adventure Programs</u>: Short-term or daily programs provided to individuals, local agencies and community groups.

<u>Ferns Program:</u> A nature-based program for youth on the Autism Spectrum or who have similar support needs and learning styles. Year round, once a season for 4-6 weeks, and a week long camp in the Summer.

#### **SUITABLE FOR:**

People living with physical, cognitive, health or neurological barriers.

COST AGES SERVED LOCATION

\$10/ Open Adventure

\$100/ Half-Day

\$30/ Session for Ferns

All Ages Varies

Registration is ongoing year round.

## **CYSN Program Form**

#### For Agency Sponsored Services Only

An electronic version of this form is available at: <u>www.rivonline.org/forms.</u>

Please Complete and Return no later than May 5th, 2017 to:

By Mail:

#### **Children and Youth with Special Needs**

C/O Recreation Integration Victoria

4135 Lambrick Way

Victoria B.C., V8N 5R3

By Fax:

#### **Recreation Integration Victoria**

Fax: 250-477-6046

By Email:

#### **Recreation Integration Victoria**

Email: information@rivonline.org

## Child and Youth with Special Needs -Sponsored Services Request Form

For Agency Sponsored Services Only (this is not applicable for RIV's Summer Inclusion Service)

**Purpose:** To ensure one of the following camps you may choose is suitable for your child. Also, to ensure equitable access for families to Children and Youth with Special Needs (CYSN) funded summer services.

	Contact	Information
Today's Date:		_
Child's Name:		Age:
DOB:	Sex:	Gender:
Parent/Caregiver:		
Phone (H):	P	hone (Work or Cell):
Email:		
Address (Include City & F	ostal Code):	
CYSN Eligible (Y/N):	CYSN Socia	l Worker:
	Suppo	rt Needs
Nature of Disability:		
Does your child take med (Y/N):	dication that need	s to be administered during program hours
My child needs assistant ☐ Communication	ce with (please che	eck all that apply): □Coping with Frustration (Acting out)
□ Social Interaction		□ Identifying things Visually
□ At Mealtime		□With Mobility
□ With Toileting		□Other:

List any	List any mobility aids (i.e. wheelchair, crutches, etc.):		
Addition	Additional Comments on how we can support your child's needs:		
	Service	Request	
To do so, please rank your preference in order: 1 being first choice, 3 being third choice. If you are only applying for one service only, please leave other options blank.			
	1 = First Choice 2 = Seco	nd Choice 3 = Third Choice	
	Desired Service*	Anticipated Dates*	
	Phoenix Summer Fun		
	Sooke Summer Journeys		
	RIV's Summer Residential Camp Assistance (Overnight)		
*Mandato	ry information		
	or have you applied to any other su	mmer services (i.e. camps, daycare, etc.)	
If yes, s	pecify which ones and what dates: _		
	e weeks when service is not require the dates:	d (ex: for a planned family vacation).	

Please Complete and Return to RIV no later than May 5th, 2017

### **CYSN Program Form**

#### For Agency Sponsored Services Only

An electronic version of this form is available at: <u>www.rivonline.org/</u> forms.

Please Complete and Return no later than May 5th, 2017 to:

By Mail:

#### **Children and Youth with Special Needs**

C/O Recreation Integration Victoria

4135 Lambrick Way

Victoria B.C., V8N 5R3

By Fax:

**Recreation Integration Victoria** 

Fax: 250-477-6046

By Email:

**Recreation Integration Victoria** 

Email: information@rivonline.org

### RIV's Summer Inclusion Service

www.rivonline.org/services

4135 Lambrick Way, Victoria BC, V8N 5R3

**Contact: Summer Coordinator** 

(after May 15th, 2017)

#### Summer Inclusion Service (Day Camp Support)

Request are taken for child and youth 1:1 day assistance to attend a generic community-based camp with an RIV Inclusion Facilitator. Available to children and youth with disabilities registered in inclusive, communitybased summer parks and recreation programs.

Office: 250-477-6314

Email: victoriaprograms@powertobe.ca

Fax: 250-477-6046

Families who request service may receive 1 week with an Inclusion Facilitator. All efforts are made to fill requests, but many factors may determine whether a family will receive support (popularity of week requested, order of request received, availability of appropriately gendered staff, flexibility in the nature of request, etc.).

#### SUITABLE FOR:

School-aged children and youth with developmental, physical or neurosensory disabilities.

COST	AGES SERVED	LOCATION

Family is responsible for program registration and associated fees. Inclusion Facilitator is provided free of charge.

6-18 years

Parks and Recreation facilities in Greater Victoria, the Peninsula and the Westshore

Requests are being taken now online (www.rivonline.org/services/sis) or by phone (250-477-6314). Deadline to make a request, or to make changes to an existing request is June the 2nd, 2017

## Island Health/Queen Alexandra's Summer Camps

2400 Arbutus Road, Victoria BC, V8N Office: 250-519-6761 1V7 Fax: 250-519-6937

Contact Person: Jennifer Piotrofski Email: jennifer.piotrofski@viha.ca

#### **QA Summer Camps**

Using a positive behaviour, pro-social approach, we encourage and support all campers to participate in our fun, inclusive activities.

**Friends, Food, and Fun**: Join us for four fun filled days or making connections with other campers through field trips, fun activities and games. teens will help plan, prepare and host a camp wrap-up.

July 4th-7th (4 days): 14-19 yrs

**Ocean Discovery**: In our very own seaside paradise, join us to have fun with and on the water.

July 10th-14th: 10-13 yrs July 17th-21st: 6-9 yrs

July 24th-28th: 10-13 yrs

On the Move: Come and find all the fun ways we can move, be active and have fun.

July 31st-Aug 4th: 14-19 yrs

Aug 8th-11th (4 days): 10-13 yrs

Aug 14th-18th: 6-9 yrs

#### **SUITABLE FOR:**

QA Camps are designed for children of all abilities. Medical condition of the camper should be stable. Some children may be asked to provide their own support worker for camp.

COST AGES SERVED LOCATION

\$175/5 day or \$140/4day 6-19 years Queen Alexandra.

Call Island Health/QA Summer Camps to register

## Community Living Victoria's Teen Community Connections

www.communitylivingvictoria.ca
Contact: Jeannie Owens-Wallace

Office: 250-477-7231 ext 237

Fax: 250-477-6944 Email: jeannie@clvic.ca

#### **Teen Community Connection Summer Camps 2017**

This program is run in partnership between CLV & RIV and is subsidized through funding from the Supported Child Development through Island Health (QA). All activities are community-based and promote access, recreation, leisure, and FUN! Throughout the week, teens are in locations that include: local beaches and parks, recreation centre, local attractions, libraries, event, festivals and more. Activities include: nature walks, hiking, swimming, mini-golf, bowling, kayaking, rock climbing, physical literacy sessions (PISE), arts and crafts, cooking, theatre, movies, gardening, programs run by Power to Be and time for leisure. Our goal is to provide a positive and welcoming environment that encourages personal growth, life-skills and social interaction. Applicants can choose 1 to 5 weeks of summer camp, depending on available space.

Weekly camps run from July 4th to Aug 25th, 2017 (8wks) from 9:00-4:30pm with a maximum of 15 teens per camps.

#### SUITABLE FOR:

Teens with developmental disabilities aged 13-18yrs. Applicants must list with the Supported Child Development Program through the QACCH and be eligible to receive services and funding through MCFD-CYSN.

COST	AGES SERVED	LOCATION
\$100/ Week	13-18 years	A.m. drop-off & p.m. pick- up at Gordon Head or Esquimalt Recreation Centre.

Register by June 1st, 2017.

## Community Living Victoria's Youth Services - Autism Services Summer Camp

www.communitylivingvictoria.ca/ specialized camps\_

Contact: Jeannie Owens-Wallace or

**Dan Moses** 

Office: 250-477-7231 ext 237 or ext. 249

Fax: 250-477-6944 Email: <u>autism@clvic.ca</u>

#### **CLV Autism Services Summer Camps 2017**

We offer dynamic community-based programming in a variety of camps for youth with autism. Our camps are interest-based and theme-oriented, so whether it is our regular Out and About and Sunday Daze camps, or any of our speciality camps like Chefs on the Go, Outdoor Adventure, Girls Camp, or Computer Camp, there is something for everyone! Activities include: nature walks, hiking, swimming, mini-golf, bowling, kayaking, rock climbing, physical literacy session (PISE), arts and crafts, multi-media technology, cooking, theatre, movies, gardening, programs run by Power to Be and much more. Our skilled and knowledgeable team of Behaviour Interventionists, who lead the camps, support youth to: build friendships, gain confidence, strengthen social and communication skills, and gain lifeskills. This program is eligible for coverage through Autism Funding Unit and CLV can assist families to manage and budget their funding.

We run as many as 17 different camps throughout the summer. Camps be

#### **SUITABLE FOR:**

Youth with Autism Spectrum Disorder (Autism, PDD-NOS included). Applicants requiring extra support (1:1) are welcome to apply with accompanying support workers or request support for this through our program.

COST AGES SERVED LOCATION

\$500/week. cost of camps vary for some of the specialty camps.

6-18 years Vary between camps.

Registration form is published in May with exact camp details (is ongoing throughout the summer and must be made three weeks in advance.)

### Victoria Conservatory of Music

www.vcm.bc.ca 900 Johnson St, Victoria BC & 372 Shelby Rd, Nanaimo

Fax: 250-386-6602 Email: brodeur@vcm.bc.ca

Office: 250-386-5311 ext 1030

#### **Music Therapy**

Music therapy is for children as young as 18 months old to the elders; those of all ages with exceptionalities.

Sessions take place at the Victoria Conservatory of Music studios, the studio at the Nanaimo Conservatory of Music, or in the community in both Victoria and Nanaimo. The studios are equipped with hundreds of large and small music instruments, therapeutic equipment, recording studios, Soundbeam (which transfers movements into sounds) and a multi-sensory studio at the Victoria site.

Sessions can be offered in groups or privately. Come sing, dance, play instruments, compose, improve and/or meditate in our state of the art studios with our incredibly dedicated faculty members.

FREE\* Music Therapy & Speech Therapy 2017 Summer Camp (1-8 yrs old) \*Pending Funding

July 4th-8th (Victoria location) & July 10-14th (Langford Location) July 17-21st (Nanaimo Location)

Children must be accompanied by a caregiver or parent. **Register** through VCM website starting in May 2017.

#### SUITABLE FOR:

Those with exceptionalities, conditions or illnesses.

COST AGES SERVED LOCATION
\$79.80/hr (in-house 6-19 years Victoria & Nanaimo session)

Ongoing Registration after May 2017

## Little Steps Therapy Services - Summer Camp

www.mylittlesteps.net Office: 250-386-1171

2986 Dysart Road, Victoria BC, V9A 2K2 Email: <a href="mailto:admin@mylittlesteps.net">admin@mylittlesteps.net</a>

#### **Little Steps Summer Camp**

The Little Steps summer camp is an opportunity for children with special needs to participate in summer activities such as nature walks, arts and crafts, cooking, community playground, exploration, sports and games. The program focuses on recreation, community outings, improving social skills and most importantly - fun. Staff have extensive experience supporting children with Autism Spectrum Disorders, Fetal Alcohol Spectrum Disorders and Developmental Delays. Parents can choose either mornings, afternoons, or full days. Individual support is available if required.

Please contact or email the office (information above) if you are interested in registering your child. More information on the summer camp will be made available on the website.

#### SUITABLE FOR:

Children and youth with developmental delays including Autism Spectrum Disorders and Fetal Alcohol Spectrum Disorders.

COST	AGES SERVED	LOCATION
TBD	3-19 years	Little Steps Therapy
		Centre

Ongoing Registration. Call or email to register.

## Little Steps Therapy Services - Summer Connection Group

www.mylittlesteps.net Office: 250-386-1171

2986 Dysart Road, Victoria BC, V9A 2K2 Email: admin@mylittlesteps.net

#### **Connections Therapeutic Summer Groups**

Connections groups exposes children to a well-rounded, multi-disciplinary program. All groups receive supervision from a Speech-Language Pathologist or Occupational Therapist to create group and child specific goals. This year, each week of summer will have a different theme, and parents are able to register their child in the weeks that they are most interested in. Group themes may include photography, dance, superheroes, comic books, Lego™, outdoor education, art, music, and many more. A full schedule will be made available to view on our website.

Please contact or email the office (information above) if you are interested in registering your child. More information on the summer camp will be made available on the website.

#### **SUITABLE FOR:**

Children and youth developmental delays including Autism Spectrum Disorders and Fetal Alcohol Spectrum Disorders.

COST AGES SERVED LOCATION

TBD 5-16 years Little Steps Therapy Centre

Ongoing Registration. Contact admin@mylittlesteps.net to register.

## Pacific Institute for Sport Excellence (PISE) - Summer Camps

www.summercamps.piseworld.com

4371 Interurban Rd, Victoria BC, V9E

Fax: 250-220-2501

2C5 Email: <u>summercamps@piseworld.com</u>

#### **Summer Camps**

PISE Summer Camps focuses on developing fundamental movement skills that children of all ages need in order to be active for life. Whether that is learning how to throw properly, or learning the correct technique of a squat, these movements are essential to being healthy and injury free throughout your experiences in physical activity. Learning a broad range of movement skills is also a great way to have the confidence and competence to take on any challenges that children and youth encounter both within the sporting arena and in general day to day life. PISE camps are games and play-based with a focus on fun. Social literacy skills like teamwork, cooperation, respect and emotion management are also taught throughout camps. For camp descriptions, pricing and registration info, visit the website.

#### **SUITABLE FOR:**

Children of all abilities welcome. PISE staff are trained to meet the unique needs of all participants. At the same time, we recognize when there is a child or youth who requires further support and more 1:1 assistance. We appreciate good communication from families to determine if and when their child requires further support beyond our ratio. We work closely with families to resource additional funds or organizations for support if needed and welcome 1:1 support workers. Please discuss prior to camp registration.

COST AGES SERVED LOCATION

Varies - Refer to website 3-15 years Onsit for information. Offsit

Onsite Camps at PISE, Offsite camps held at various recreation centres

Registration for summer programs opens on April the 4th. Programs remain open until filled.

### RISE Adventure & Wellness Solutions

www.raws.ca Office: 778-406-1160 #202-4500 West Saanich Road, Victoria Fax: 778-406-1159 BC, V8Z 3G2 Email: info@raws.ca

#### Fitness, Yoga, Adventure & Equestrian

Rise offers physical activity opportunities in the areas of fitness, yoga, adventure and equestrian for individuals, youth and families of all abilities. All classes are kept small and are run by trained and certified professionals to ensure successful participation. Fitness, yoga and adventure camps are based out of the studio in Royal Oak. Rise runs weekly adult, youth and family classes. These classes are accessible to all levels and abilities. We also run adventure and yoga cased camps on school holidays and Pro-D days.

The Equestrian programs are run out of the farm in Central Saanich. Rise has farm life programs, private and group riding lessons, therapeutic riding lessons, equestrian vaulting programs, birthday parties and camps. The equestrian program run year-round, with the facility having a lovely indoor arena, two outdoor arenas, and access to trails.

#### **SUITABLE FOR:**

People of all ages and abilities. Discuss specific needs with RISE prior to registration.

COST AGES SERVED LOCATION

Available on Website All ages Various, see website.

Ongoing registration. Check out the website for schedules or contact directly to set up a personalized program.

## Pivot Point Family Growth Centre -Summer Camps

www.pivotpoint.ca 5-230 Menzies Street, Victoria BC, V8V

2G7 Email: victoria@pivotpoint.ca

Pivot Point provides services for children, teens and adults on southern Vancouver Island. We offer several therapeutic supports through 1:1 teaching, as well as group based programs that focus on enhancing social skills, life skills, academic success, transition planning and career development.

Office: 778-410-2319

#### Summer Camps (3-5 yrs)

We will be hosting a number of different camps this summer, including "Kindergarten Readiness", "Crafty Kids", and other social skill enhancing programs. Please see our online calendar for dates and registration at pivot point.ca/calendar.

#### SUITABLE FOR:

website for details.

Children with autism spectrum, non-verbal learning disability, ADHD and others with undiagnosed social challenges.

COSTAGES SERVEDLOCATIONPrivate pay or autism<br/>funding accepted. See3-5 yrs for summer<br/>campsVictoria

Ongoing registration. Check the calendar for dates, details and deadlines.

We believe that all children should have the opportunity to go to summer residential camps if they choose. We have listed a number of summer residential camps close to Victoria. With the exception of Camp Shawnigan, these are all generic camps that support the concept of inclusion of a child with a disability. Parents of children with disabilities who are considering sending their child to a residential camp should read about RIV's Summer Residential Camp Assistance Service described in the CYSN sponsored program section of this booklet.

Parents are advised to contact the camp of their choice well in advance to discuss the suitability of the camp for their child and registration.

Summer Residential Camps		
Camp Imadene	Mesachie Lake, BC	
Camp Pringle	Shawnigan Lake, BC	
Easter Seals Camp Shawnigan Shawnigan Lake, BC		
The Yes Camp  Lake Cowichan		

## Camp Imadene

www.imadene.com 9175 South Shore Rd, Mesachie Lake,

**BC, V0R 2N0** 

Office: 1-800-445-7575 Fax: 250-749-6607

Email: office@imadene.com

#### **Summer Camp**

Christian residential camp and retreat facility. Enjoy over 30 activities such as archery, hiking, canoeing, fishing, paddle-boarding, BMX biking, tubing and wake-boarding.

**Junior camps (Grade 2-5) Intermediate Camps (Grade 5-8) Teen Camps (Grade 7-9) Senior Teen Camps (Grade 10-12) Outdoor Adventure Camps (Grade 6-12)** Summer Family Camp

#### SUITABLE FOR:

Camp Imagine is focused on providing appropriate and quality care for each of our campers. Unfortunately we are not ideally suited to care for all specific needs, so please call the camp to discuss suitability for your child.

COST	AGES SERVED	LOCATION
Prices vary, visit website for details.	8-18 years (family and adult camps available)	Mesachie Lake, approximately 1.5 hrs
ioi dotaiio.	addit campo avallabilo,	from Victoria

Register as early as possible. Can register by phone or online.

## Camp Pringle

www.camppringle.com 2520 West Shawnigan Lake Rd, Shawnigan Lake BC, V0R 2W3 Office: 250-743-2189 Fax: 250-929-2710

Email: info@camppringle.com

#### **Summer Camp**

Located in a beautiful natural setting on Shawnigan Lake. On our 18 acres of forestland, we offer open fields, nature trails, high and low ropes challenge courses, archery, a climbing wall, orienteering, and beach and water activities for campers enjoyment.

We provide summer camps for children, youth, families, parents and children, and leadership development. Operated by the United Church of Canada. Fully accredited by the British Columbia Camping Association and the United Church of Canada. Online registration available or find us on Facebook. Camps run from July 9th-August 25th.

#### **SUITABLE FOR:**

For camper suitability, please call the director to discuss.

COST AGES SERVED LOCATION

\$425-\$485 6-15 years Shawnigan Lake, approximately 45 mins

from Victoria.

No deadline for registration while space is available (early bird discount before May 1st). Waiting lists when full. Apply directly to Camp Pringle.

## Easter Seals Camp Shawnigan (BC Lion's Society)

<u>www.eastersealscamps.ca/camp-</u>
<u>shawnigan</u>
Office: 1-800-818-4483
Fax: 1-604-873-0166

2180 Shawnigan Lake Rd, Shawnigan Email: jblair@eastersealsbcy.ca

Lake BC, V0R 2W5

#### Summer Camp

At Camp Shawnigan, it is our goal to provide safe, fun activities in an environment where the focus is on abilities, not disabilities. All of our camp activities are designed to build confidence, independence, and peer interaction in a recreation environment. Campers are encouraged and supported to participate in activities they may have never tried before, including climbing on our climbing wall, multi-day hikes, tie dying, canoeing, wheelchair basketball, sailing, water balloon wars, kangaroo court, etc. We offer week long residential camps running from June 23rd - August 16th. Please check website for camp session dates.

#### SUITABLE FOR:

Children and teens (6-19 years) with intellectual and/or physical disabilities. Two weeks of Young Adult Camp (19-29 years) will be offered. Check website for camp dates.

COST	AGES SERVED	LOCATION
\$550/regular camp \$750/young adult camp	6-18 years old & 19-29 years old	Shawnigan Lake, approximately 45 mins from Victoria

Spots at camp are filled don a first come first served basis.

## The Yes Camp

www.theyes.ca

Office: 1-604-960-1377 Fax: 1-604-690-1878 Email: <u>info@theyes.ca</u>

#### The Yes Leadership Camp

The Youth Excellence Society (Yes) is a charitable, non-partisan organization that provides exceptional leadership training to BC's youth through the support of the province's co-operative and credit union movement. For over 45 years, the Yes has provided a unique learning experience for over 10,000 young people.

The Yes Leadership Camp provides week-long leadership retreats for youth from all over BC. Skills training is offered for teens in the areas of self-awareness, cooperation, communication, global awareness, environmental sustainability and leadership. Participants take part in the creation of a strong community of support, respect and growth. Not only is there a chance to learn and grow, it's also tons of fun! From canoeing and hiking, to arts and crafts, we have many options for fun activities each day. The Yes Leadership Camp is a summer experience that will last a life-time.

#### SUITABLE FOR:

Camp is open and inclusive to all youth.

COST AGES SERVED LOCATION
\$675/week 14-18 years Lake Cowichan, approximately 1.5 hours from Victoria

Please refer to website for registration deadline and details.

## Municipal Parks and Recreation

We encourage you to investigate the many municipal program offerings available to your child this summer. The following table has listing of Municipal Parks and Recreation Department facilities phone numbers and website addresses.

If your child requires 1:1 assistance in order to attend an inclusive program, please refer to RIV's Summer Inclusion Service.

Esquimalt Parks and Recreation www.esquimalt.ca/parks-recreation	
<b>Esquimalt Recreation Centre</b>	250-412-8500
<b>Archie Browning Sports Centre</b>	250-412-8510

Oak Bay Parks and Recreation www.oakbay.ca/parks-recreation	
Henderson Centre	250-370-7200
Monterey Centre	250-370-7300
Oak Bay Recreation Centre	250-595-7946

Panorama Recreation www.crd.bc.ca/panorama		
Panorama Recreation Centre	250-656-7271	

Saanich Parks Recreation and Culture www.saanich.ca/EN/main/parks-recreation-culture		
Cedar Hill Golf Course	250-475-7150	
Cedar Hill Recreation Centre	250-475-7121	
<b>Gordon Head Recreation Centre</b>	250-475-7100	
G.R. Pearkes Recreation Centre	250-475-5400	
Saanich Commonwealth Place	250-475-7600	

Victoria Parks Recreation and Culture www.victoria.ca/EN/main/residents/parks-rec		
Crystal Pool and Fitness Centre	250-361-0732	
Royal Athletic Park	250-361-0373	
Quadra Village Community Centre	250-288-7696	
<b>Burnside Gorge Community Place</b>	250-388-5251	
Fairfield Community Place	250-382-4604	
Fernwood Community Centre	250-381-1552	
James Bay Community School Centre	250-384-7184	
Oaklands Community Centre	250-370-9101	
West Shore Parks and Recreation www.westshorerecreation.ca		
Juan de Fuca Recreation Centre	250-478-8384	

## **RIV's LAVA Project**

#### What is it?

In May 2014, Recreation Integration Victoria (RIV) hosted a Community Forum to solicit input regarding people with disabilities' experience when trying to access active living opportunities in our region. One of the major themes that came out of the day was the need for access to information about what experience a person with a disability would have when they arrive at a particular facility. RIV is working to develop the website and app suggested from the Forum. Read more about LAVA in RIV's Winter 2017 Newsletter (available online at <a href="https://www.rivonline.org">www.rivonline.org</a>)

#### How it may help you.

Perhaps you have found yourself wondering what your experience will be when arriving at a particular facility? For example "What bus routes go there?" "Is there parking for people with disabilities?" "How physically accessible is the facility?" "Is there specialized or adapted equipment available for the activity I want to participate in?" "Are there pool lifts?" etc. People have suggested that a website or app describing the access amenities with photos and videos would make a significant difference in whether they ventured out from home or not.

#### Complete a survey to tell us about your recreation experiences

Please help us by completing a short survey about what is important to you in your recreation centres and what information you need to make your choices. This survey is completely anonymous and your answers will only be used for the purpose of this project. You may also indicate interest in being part of a beta-testing group.

The survey is available on our website at <a href="www.rivonline.org/initiatives/">www.rivonline.org/initiatives/</a>